

## **CERTIFICATE**

OF PARTICIPATION

This is to certify that

## **Thomas Groenewald**

Has successfully participated & completed the

10km Ezemvelo Trail Run Challenge 2019

held at Ezemvelo Nature Reserve.

**TIME** 01:29:57

**PACE** 08:58/km

OVERALL 51 of 104

**GENDER** 31 of 47

**60 - 69** 3 of 7

20 October 2019, Sun

Date



BoutTime